



Adult Lap Swim Schedule

Holiday Schedule Dec. 24, 2024 – Jan. 1, 2025

Tues., 12/24 Tues., 12/31	Wed., 12/25 Wed., 1/1	Thurs., 12/26	Fri., 12/27	Sat., 12/28	Sun., 12/29	Mon., 12/30
MORNING						
<p>7:00-12:00 All Lanes Lap</p> <p>The Connection will CLOSE at 12:00 pm</p>	<p>The Connection will be CLOSED Wednesday, 12/25 & Wednesday, 1/1</p>	<p>7:00-9:00 All Lanes Lap</p> <p>9:00-10:00 Water Walking Arthritis Lanes 1, 2</p> <p>9:00-10:00 Lap Swim Lanes 3, 4, 5</p> <p>10:00-11:00 Water Aerobics Open Exercise</p> <p>11:00-12:00 Governor Livingston practice</p> <p>12:00-3:30 All Lanes Lap</p> <p>3:30- 4:30 Frosty Fun Camp</p> <p>4:30-5:30 Rec. Swim Lanes 1, 2</p> <p>4:30-5:30 Lap Swim Lanes 3, 4, 5</p> <p>5:30- 8:30 All Lanes Lap</p>	<p>7:00-9:30 All Lanes Lap</p> <p>9:30-10:00 Water Stretch</p> <p>10:00-11:00 Water Aerobics Open Exercise</p> <p>11:00-12:00 Governor Livingston practice</p> <p>12:00-2:30 All Lanes Lap</p> <p>2:30-3:25 Senior Swim</p> <p>3:30- 4:30 Frosty Fun Camp</p> <p>4:30-5:30 Rec. Swim Lanes 1, 2</p> <p>4:30-5:30 Lap Swim Lanes 3, 4, 5</p> <p>5:30- 8:30 All Lanes Lap</p>	<p>7:00-12:00 All Lanes Lap</p> <p>12:00-2:00 Rec. Swim Lanes 1, 2</p> <p>12:00-2:00 Lap Swim Lanes 3, 4, 5</p> <p>2:00-5:00 All Lanes Lap</p>	<p>7:00-11:00 All Lanes Lap</p> <p>11:00-12:00 Rec. Swim Lanes 1, 2</p> <p>11:00-12:00 Lap Swim Lanes 3, 4, 5</p> <p>12:00-1:00 All Lanes Lap</p>	<p>7:00-9:30 All Lanes Lap</p> <p>9:30-10:00 Water Stretch Lanes 1, 2</p> <p>9:30-10:00 Lap Swim Lanes 3, 4, 5</p> <p>10:00-11:00 Water Aerobics Open Exercise</p> <p>11:00-12:00 Governor Livingston practice</p> <p>12:00-2:30 All Lanes Lap</p> <p>2:30-3:25 Senior Swim</p> <p>3:30- 4:30 Frosty Fun Camp</p> <p>4:30-5:30 Rec. Swim Lanes 1, 2</p> <p>4:30-5:30 Lap Swim Lanes 3, 4, 5</p> <p>5:30- 8:30 All Lanes Lap</p>